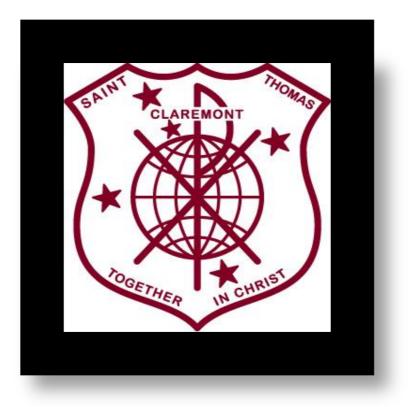
St Thomas' Primary School

Prayer Book



<u>Kindergarten</u>

Refer RE Unit - Let the little Children Come to Me

- God questions
- God talk
- Simple prayers of thanks
- Simple songs



Pre Primary

- People talk to God through prayer
- Simple prayers of thanks
- God talk
- Followers of Jesus celebrate Mary, who is special, in a prayer called the Hail Mary



Godly Play

Godly Play is an experience of adults and children dwelling together in the mystery of God. It is profoundly biblical and sacramental and at the same time is deeply respectful of the nature of young children who are able to make their way to God in freedom and joy.

Godly Play aims to make religion come alive for children, to assist their spiritual development, to help Christianity become part of daily life and to make the language of religion familiar.

It is based on the assumption that children are individuals with different needs. Play is an important way of learning for all children.

Godly Play involves

- telling the religious stories using three-dimensional materials to invite listeners into the stories and to connect the stories to their personal experience
- moving to wider dimensions of faith with the use of open questions and a time of responding to the story with a creative activity
- allowing children to decide for themselves on a way of responding to the story, which may be learning to re-tell the story by using games, books, maps or puzzles or by responding to the story by doing some artwork (Children have a variety of learning styles, if the leader chooses one activity for everyone, the style of that activity will not suit all the children equally. If they choose for themselves from a range of options, they are likely to choose a learning activity that suits their learning style.)
- organising the group's time and space so that it models the Christian community we seek to be. The room can then become a peaceful place in which the mystery of God can be experienced
- relating to worship of the church by learning religious language and modeling each session on the Eucharist, with a Preparation (meeting and greeting), Ministry of the Word (listening to and responding to a bible story), Communion (sharing food and drink) and a Blessing and Dismissal (saying goodbye).



Year One

- Praying alone
- Praying with others
- Thanking God for creation (Psalm 148)
- The Sign of the Cross
- Glory Be to the Father (Gloria Patri)

At this level the children should be encouraged, with the teacher as a prayer leader, to pray spontaneously about incidents and things that are real to them e.g. -

Dear Jesus, Thank you for our morning tea. Amen.

SIGN OF THE CROSS

In the name of the Father and of the Son and the Holy Spirit. Amen.

GLORY BE TO THE FATHER (Gloria Patri)

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now and ever shall be world without end.

Amen.

<u>Year Two</u>

- The Lord's Prayer (Our Father)
- Hail Mary
- Morning Prayer
- Blessing Before and After Meals
- Praying to God the Father
- Praying to Jesus
- Praying with our bodies (genuflecting, joining hands, kneeling, standing, dance and gestures)
- Recall prayers taught in Year One

THE LORD'S PRAYER

Our Father, who art in Heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven.

Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but lead us from evil.

Amen.

HAIL MARY

Hail Mary, full of grace, the Lord is with you; blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, mother of God, pray for us sinners now and at the hour of our death. Amen.



MORNING OFFERING

Lord, I give you today my prayers, thoughts, works and actions that they may be for your glory and for the good of the world.

Amen.

BLESSING BEFORE MEALS

Bless us, O Lord, and these your gifts which by your goodness we are about to receive. Through Christ our Lord. Amen.

BLESSING AFTER MEALS

We give you thanks for all your gifts, almighty God, who lives and reigns now and forever. Amen.

Year Three

- The Lord's Prayer (Our Father) (explained)
- Hail Mary (explained)
- When prayers seem unanswered
- The Angelus (The angel's prayer to Mary and her response)
- Praying in our own words
- Prayer of Sorrow
- Praying for the good of others
- Choosing times and places for prayer
- Recall Prayers in year One and Two

The Lord's Prayer explained-

Here is the prayer Jesus taught us. He said that God is his Father and our Father. And so we pray with Jesus and with people everywhere:

Our Father,

We cannot see God with our eyes. God is far beyond us, in heaven. But God hears us and wants to come near and so we pray:

Who art in heaven,

We honour God's name as holy. When we hear the name of God we should be happy because God made all things. God made us and loves us. And so we pray:

Hallowed be thy name,

God wishes to bring good things to our world. And we can help by doing good things every day. And so we pray:

Thy kingdom come. Thy will be done on earth, as it is in heaven.

God is like a kind father. We need food to be strong: clothes to be warm, and so many things more. And so we pray:

Give us this day our daily bread,

God forgives us when we do something wrong. But then we must forgive those who do something wrong to us. And so we pray:

And forgive us our trespasses, as we forgive those who trespass against us,

Wherever we go, God is there to take our hand and guide us. Even in danger, God will help us to know what to do. And so we pray:

And lead us not into temptation, but deliver us from evil, *Amen*.

THE ANGELUS

The Angel of the Lord declared unto Mary, R: And she conceived of the Holy Spirit. Hail Mary ... Behold the handmaid of the Lord: R: Be it done unto me according to your word. Hail Mary ... And the word was made flesh, R: And dwelt among us. Hail Mary ... Pray for us, O holy Mother of God, R: That we may be made worthy of the promises of Christ. Let us pray: Pour forth we beseech you, O Lord, your grace into our hearts, that we, to whom the incarnation of Christ your Son was made known by the message of an Angel, may, by his passion and Cross, be brought to the glory of his Resurrection, through the same Christ our Lord.

Amen.

PRAYER OF SORROW (Act of Contrition)

Lord Jesus Christ, Son of the living God, have mercy on me, a sinner.

OR

O my God, I am very sorry that I have sinned against you, because you are so good, and with the help of your grace I will not sin again.

Year Four

- Invocations to Mary, especially Mary Help of Christians
- Invocations to the Saints
- Rosary
- Revise Hail Mary, Lord's Prayer, Glory Be to the Father
- Advent Prayer (using an Advent Calendar)
- Recall prayers taught in Years One to Three

THE ROSARY

The Joyful Mysteries

The Annunciation of the Lord The Visit of the Virgin Mary to Elizabeth The Birth of the Lord The Presentation of the Lord The Finding of Jesus in the Temple

The Mysteries of Light (optional)

Jesus is baptised in the Jordan Jesus' self-revelation at the wedding of Cana Jesus proclaims the Kingdom of God The Transfiguration Jesus institutes the Eucharist

The Sorrowful Mysteries

Jesus in the Garden of Gethsemane Jesus is Scourged Jesus is Crowned with Thorns Jesus Carries his Cross Jesus Dies on the Cross

The Glorious (Triumphant) Mysteries

The Resurrection of the Lord The Ascension of the Lord The Descent of the Holy Spirit The Assumption of the Virgin Mary into Heaven The Queenship of the Virgin Mary



PRAYING THE ROSARY

It is customary to commence the rosary by making the Sign of the Cross, then saying the Apostles' Creed, three Hail Marys and the Glory be to the Father. Each of the decades consists of one Our Father followed by ten Hail Marys, then one Glory be to the Father. The Hail Holy Queen is usually said at the end of the five decades.

For further information on the Rosary see the Year 4 Prayer RE Guidelines [Appendix iii].

The students, in previous years have learned the basic prayers required when praying the Rosary. However, prayers such as, Hail Holy Queen, the Apostles' Creed and The Fatima Prayer need not be taught at this level. It is sufficient that the teacher model these prayers during a time in which the Rosary or a decade of the Rosary is prayed.



Year Five

- Four basic prayer intentions:
 - praise
 - thanks
 - petition
 - sorrow.
- Responding through prayer to God's call through creation
- Stations of the Cross (Scriptural and Traditional)
- Recall prayers taught in Years One to Four



TYPES OF PRAYER

Prayers of Petition

Are the forms of prayer with which we are most familiar. In them, we ask God for things we need primarily spiritual needs, but physical ones as well. Our prayers of petition should always include a statement of our willingness to accept God's Will, whether He directly answers our prayer or not. The Our Father is a good example of a prayer of petition, and the line "Thy will be done" shows that, in the end, we acknowledge that God's plans for us are more important than what we desire. Asking prayers or prayers of petition, place before God our own and others needs. Any need can be placed before God. Examples include asking God to help those who are sick, family member who is worried, etc.

Prayers that ask for what others need are also especially pleasing to God because they are prayers of love.

Prayers of Praise

Many people consider prayers of praise to be the "highest" form of prayer. Why? A prayer of praise is all about God. We ask for nothing, we seek nothing; we focus on nothing but God himself. Prayers of Praise honour and express appreciation for what we discover about God Examples include: •seeing beauty in the world may lead us to praise God who is beautiful •discovering something good may lead us to praise God who is good •the existence of creatures may lead us to praise God who sustains creation •feeling forgiven for wrongdoing may lead us to praise God who always forgives, etc.

Prayers of Thanks

Prayers of thanks identify specific blessings or help given by God and say thank you Examples include thanking God for:

parents and families
good things that have happened
people that work and cooperate with God to care for creation
prayers answered
friends, etc.

Prayers of Sorrow

Prayers of sorrow ask God to forgive us for any wrong we have done.
Examples include asking God to forgive times we:
bully others
do not listen to our parents
hurt other peoples feelings, etc.





<u>Year Six</u>

- Apostles Creed
- Why Catholics Pray to Mary
- Come Holy Spirit
- Praying through Song and Music
- Praying through The Arts
- Praying through Movement
- Recall prayers taught in Years Two to Five

APOSTLES' CREED

I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again.

He ascended into heaven and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life

everlasting.

Amen.

COME HOLY SPIRIT

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.

O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.

WHY CATHOLICS PRAY TO MARY

As Catholics, members we honour the Virgin Mary, the Mother of Jesus Christ. We call her the Mother of God, because she indeed is the Mother of the one Divine Person, Jesus Christ, Who has both the nature of God and the nature of Man. By this title of "Mother of God," we simply refer to



the Virgin Mary as St. Elizabeth did when "filled with the Holy Ghost she cried out... Whence is this to me that the Mother of my Lord should come to me?"

There are countless reasons to honour the Mother of our Lord and our blessed Mother. For example:

- The Archangel Gabriel honoured Mary.
- St. Elizabeth, the mother of John the Baptist, honoured Mary.
- Of all the people ever created, God choose Mary to bear His Son.
- Thanks to Mary's fiat, the gates of Heaven were opened for us.
- Jesus gave us Mary as our spiritual mother.
- The fourth commandment requires that we honour our mother.
- Mary loves Jesus perfectly and also loves each of us perfectly.
- No Mary, no Jesus. (Although Jesus, as God, always existed)
- By honouring Mary, we are imitating Jesus who will honour his mother for all eternity.
- From Mary came the Eucharistic Body and Blood.
- God chose Mary as *His* way to come to us.
- Mary helps defeat Satan.
- The early Church Fathers offered high praise for Mary.
- Mary was a part of the most significant events in Jesus' life.
- God entrusted His own Son to Mary.
- God has honoured Mary above all creatures.
- Mary's consent was required to bring Jesus into the world Her permission was *essential* to our redemption.
- Mary worked and suffered for our salvation and it would therefore be ungrateful not to honour and reverence her.
- Mary's consent made reparation to God for the disobedience of our first parents.
- Mary is a perfect example of obedience and is sinless
- Mary is full of grace.
- Mary is blessed among women.
- Mary is the mother of our Lord.
- Mary has found favour with God.
- Mary said all would call her blessed.
- Mary is the greatest of all saints.
- Mary is the Queen of heaven.
- Mary underwent intense sufferings on our behalf.



PROFESSION OF FAITH (Nicene Creed)

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us men and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sakes he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead and the life of the world to come.

Amen.



I Said A Prayer For You Today

I said a prayer for you today And know God must have heard. I felt the answer in my heart Although he spoke no word!

I didn't ask for wealth or fame (I knew you wouldn't mind). I asked him to send treasures Of a far more lasting kind!

I asked that he be near you At the start of each new day; To grant you health and blessings And friends to share your way!

I asked for happiness for you In all things great and small. But it was for his loving care I prayed the most of all!



St Thomas School Prayer

Jesus

Bless our school today

Bless everything we do and say.

Bless all those

who love us too.

And be our guide in all we do.

Help us to be kind and fair

and keep us in your loving care

AMEN

